



# KTEC SUMMER PE ENRICHMENT

## TENNIS 4 KIDS



Tennis 4 Kids is a fun yet challenging enrichment class for elementary school students with beginner to intermediate tennis experience. The lessons follow the USTA Quickstart Tennis Program and are based on NASPE standards. This 10 and Under Program adapts the game to make it easier and increase player success using smaller, lighter racquets, slower, lower bounce balls and smaller courts. Each group is limited to a maximum of 16 students. Racquets are available for use.

**Tennis Tots** KTEC EAST PLAYGROUND/GYM 8-9:15 AM K-2 Beginner Level  
Tennis Tots will focus on having fun while learning games that build the necessary fundamental motor patterns needed to establish a strong foundation for tennis skills.  
Instructor: Judy Lenart

**Rally Good Kids** Lincoln Park Tennis Courts 9:30-10:45 AM 3<sup>rd</sup>-5<sup>th</sup> grade Beg./Interm. Level  
Rally Good Kids will follow the 10 and Under Tennis Program guidelines, differentiating to facilitate skill development and growth, including forehand and backhand swing, rallying, volleys and serve.  
Instructor: Judy Lenart

**Game Time** Lincoln Park Tennis Courts 11:00 – 12:00 5<sup>th</sup> grade and up Intermediate and up  
Game Time is for students who already have some basic skills, offering opportunity to practice and improve within a game setting. We will adjust racquet size, low-mid bounce balls and court size as needed, depending on the age and skill level of the participants.  
Instructor: Judy Lenart

Dress comfortably, wear sneakers and bring a water bottle.  
If sign-up exceeds 16 for any group, roster will be selected by lottery.

### KTEC TENNIS 4 KIDS

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ SESSION I \_\_\_\_\_ JUNE 18 - JULY 3

SESSION II \_\_\_\_\_ JULY 9 - JULY 19

Please check the group you want below:

Tennis Tots 8-9:15 am \_\_\_\_\_ Rally Good Kids 9:30-10:45 am \_\_\_\_\_ Game Time 11 am-12 pm \_\_\_\_\_

I have included a donation of \$10.00 to help support the KTEC tennis program \_\_\_\_\_

I am unable to donate at this this time \_\_\_\_\_

Parent Name (please print): \_\_\_\_\_ Cell phone: \_\_\_\_\_

Parent/Guardian Signature

Date